



# A LA CARTE MENU

All items sold in the cafeteria meet or exceed Smart Snacks in School guidelines.

## BEVERAGES

4 oz juice carton.....	\$0.75
Fluid Milk (skim, Low-fat).....	\$0.75
Bottled Water (16.9 oz).....	\$1.50
Switch/Envy/Izze Sparkling Water (8.4oz) .....	\$1.90
Snapple Juice (11.5 oz Can) .....	\$1.90
Polar Seltzer (20 oz Bottle).....	\$2.15
Sports Bottle Water (24 oz).....	\$2.50

## SNACKS

Fresh Fruit or Dinner Roll.....	\$0.75
String Cheese or Yogurt Cup.....	\$1.25
Whole Grain Baked Cookies (2) .....	\$1.25
Goldfish, Pretzels, Belly Bears.....	\$1.25
Nutri-grain/Cereal Bar .....	\$1.25
Pop Tart (Single) .....	\$1.50
Baked Chips.....	\$1.50
Ice Cream .....	\$1.50
Rice Krispie Treat/Homemade Brownie.....	\$1.50

**Ellington Middle School**

**If a student wishes to purchase a second entrée in addition to the meal purchase the charge is \$3.35 for lunch, \$3.85 for premium lunch item and \$2.25 for breakfast**

## ALA CARTE ENTREE ITEMS

Cereal .....	\$1.25
Muffin.....	\$1.50
Bagel with Cream Cheese .....	\$1.25
Regular Lunch Entrée Only.....	\$3.35
Premium Lunch Entrée Only.....	\$3.85

*All Entrees can be combined with a Fruit, Vegetable and choice of Milk for FREE!*