

Week One 9/7-9/11 (Two options only due to Early Dismissal schedule)	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Labor Day No School No Grab & Go meals available	Chicken Patty Sandwich Veggie Burger available upon request	Cheese Pizza	Chicken Tenders with Roasted Potatoes Veggie Burger available upon request	Cheese Pizza
Cold Choice (alternates weekly)		Chicken Drumstick with Dinner Roll	Grilled Chicken Sandwich	Grilled Chicken Sandwich	Grilled Chicken Sandwich

Students-

Please submit your meal order during homeroom – see “EMS Early Dismissal Meal Order Form” in Google Forms

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

Parents - Please visit www.payschoolscentral.com to add money to your student’s meal account.

More information about in school and distance learning meals is available at www.ellingtonpublicschools.org/parents/food

Thank you!!

Week Two 9/14-9/18	Monday	Tuesday	Wednesday <i>School Closed Pre-order for Grab & Go Meal Pick up only</i>	Thursday	Friday
Hot Choice (alternates daily)	Hot Dog	Chicken Tenders with Roasted Potatoes	Mac & Cheese with Broccoli	Hot Dog	Chicken Tenders with Roasted Potatoes
Cold Choice (alternates weekly)	Chicken Caesar Salad	Chicken Caesar Salad	Cheeseburger	Chicken Caesar Salad	Chicken Caesar Salad

Available Daily (except Wednesday):
Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza

Students-

Please submit your meal order during homeroom - see “EMS Meal Order Form” in Google Forms

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

Parents - Please visit www.payschoolscentral.com to add money to your student’s meal account.

More information about in school and distance learning meals (including a link to the Distance Learner Meal Order Form) is available at www.ellingtonpublicschools.org/parents/food

Thank you!!

Week Three 9/21-9/25	Monday	Tuesday	Wednesday <i>School Closed Pre-order for Grab & Go Meal Pick up only</i>	Thursday	Friday
Hot Choice (alternates daily)	General Tso's Chicken Nuggets with Rice and Corn	Lasagna Rollup with Green Beans	Egg & Cheese Sandwich	General Tso's Chicken Nuggets with Rice and Corn	Lasagna Rollup with Green Beans
Cold Choice (alternates weekly)	Fruit & Yogurt Parfait	Fruit & Yogurt Parfait	Chicken Tenders with Roasted Potatoes	Fruit & Yogurt Parfait	Fruit & Yogurt Parfait
<u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza					
Students- Please submit your meal order during homeroom - see "EMS Meal Order Form" in Google Forms All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal. Parents - Please visit www.payschoolscentral.com to add money to your student's meal account. More information about in school and distance learning meals (including a link to the Distance Learner Meal Order Form) is available at www.ellingtonpublicschools.org/parents/food Thank you!!					

Week One 9/28-10/2	Monday	Tuesday	Wednesday <i>School Closed Pre-order for Grab & Go Meal Pick up only</i>	Thursday	Friday
Hot Choice (alternates daily)	Mac & Cheese with Broccoli	Chicken Tenders with Roasted Potatoes	Chicken Tenders with Roasted Potatoes	Mac & Cheese with Broccoli	Chicken Tenders with Roasted Potatoes
Cold Choice (alternates weekly)	Garden Salad with Chicken	Garden Salad with Chicken	Chicken Cutlet Sandwich	Garden Salad with Chicken	Garden Salad with Chicken

Available Daily (except Wednesday):

Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza

Students-

Please submit your meal order during homeroom - see “EMS Meal Order Form” in Google Forms

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

Parents - Please visit www.payschoolscentral.com to add money to your student’s meal account.

More information about in school and distance learning meals (including a link to the Distance Learner Meal Order Form) is available at www.ellingtonpublicschools.org/parents/food

Thank you!!