

## **Cooking Instructions**

### *Individually Packaged Meals (IPM)-Black Tray*

- Conventional Oven (Preheated 300°F on lowest fan setting): Cook meal for 50-55 minutes. Ensure meals are cooked to minimum internal temperature of 165°F.
- Microwave Oven (1000 watts) Cook on high for a total of 5-6 ½ minutes. Stir halfway through cooking time. Ensure meals are cooked to minimum internal temperature of 165°F.

### *Individually Wrapped Protein Sandwiches (i.e. Beef Patty on Bun)*

- Conventional Oven (Preheated 300°F on lowest fan setting): Cook product for 25-35 minutes. Ensure product is cooked to minimum internal temperature of 165°F.