

Week Three 10/11-10/15	Monday	Tuesday	Wednesday	Thursday	Friday
<b>World Market</b> (Daily Hot Choice)	No School Happy Columbus Day!	French Toast Sticks with Sausage  Carrots	General Tso's Chicken Noodle Bowl  Broccoli	Chicken Quesadilla  Spicy Black Beans	Chicken Parmesan Sandwich on Focaccia Bread  Fries
<b>Great American Sandwich Co.</b> (Weekly Deli Special)		Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap
<b>La Cucina</b>		Cheese or Chicken Calzones	French Bread Pizza	Cheese or Chicken Calzones	French Bread Pizza
<p><b><u>Available Daily (except Wednesday):</u></b>  Hamburger, Cheeseburger, Veggie Burger  Chicken Patty and Spicy Chicken Patty Sandwiches  Cheese &amp; Pepperoni Pizza  Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups</p>					

**Parents and Students –**  
**ALL MEALS ARE FREE FOR EVERYONE!!**

All students will receive one fruit and/or vegetable with their meal and will be offered more choices during meal service.  
1% White Milk and Fat Free Chocolate Milk will be offered with each meal.

**To add money to student accounts to purchase milk, water or snacks please go to [payschoolscentral.com](http://payschoolscentral.com)**

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food) **This menu is subject to change.** Thank you!!

