

Week One 11.21-11.25  EHS	Monday	Tuesday	Wednesday <b>Last day of free lunch</b>	Thursday	Friday
<b>World Market</b> (Daily Hot Choice)	Mac & Cheese  Broccoli	Chicken Tenders with a Biscuit	<b>Early Dismissal</b>  <b>Grab &amp; Go meals available for pick up in Cafe at dismissal time</b>  <b>Please complete EHS Early Dismissal Lunch Order Form to order a grab &amp; go meal (see email)</b>	Happy Thanksgiving!	No School
<b>Veggaboi</b> (Weekly Vegan Special)	BBQ Rice Bowl with Chickpeas	BBQ Rice Bowl with Chickpeas			
<b>Frait Express</b> Salad of the Week	Spinach Salad	Spinach Salad			
<b>La Cucina</b>	Buffalo Chicken Pizza	Cheese or Chicken Calzone			
<b><u>Available Daily (except Wednesday):</u></b> Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups Made to Order Deli Sandwiches					

**Parents and Students –**  
**LAST WEEK OF FREE MEALS FOR EVERYONE!** To add money to student accounts please go to [payschoolscentral.com](http://payschoolscentral.com)

A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Students must take at least one fruit or vegetable with lunch, milk is optional.

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

**This menu is subject to change. Thank you!!**