

Week Two 11.28-12.2	Monday	Tuesday	Wednesday	Thursday	Friday
World Market (Daily Hot Choice)	Mozzarella Sticks Carrots	<i>Incredibowls</i> General Tso's Noodle Bowl Broccoli	<i>WingShack</i> Chicken Wings with a Biscuit Celery Sticks	Loaded Nachos with Meat & Cheese Black Beans	<i>Yardbird</i> Chicken Sandwich Fries
Veggaboi (Weekly Vegan Special in the Deli)	Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl
Frait Express Salad of the Week	Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken
La Cucina	BBQ Chicken Pizza	Cheese or Chicken Calzones	BBQ Chicken Pizza	Cheese or Chicken Calzones	BBQ Chicken Pizza
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups Made to order sandwiches now available daily at the Deli!</p>					

Parents and Students-

Meals are no longer free for all students To add money to student accounts please go to payschoolscentral.com–

A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Students must take at least one fruit or vegetable with lunch, milk is optional.

To add money to student accounts to purchase milk, water or snacks please go to payschoolscentral.com

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!