

Week Two 5/29-6/2/2023 EHS	Monday	Tuesday	Wednesday	Thursday	Friday
World Market Daily Hot Choice	No School Happy Memorial Day!	Popcorn Chicken Bowl with Gravy, Mashed Potatoes, Corn & Dinner Roll	Loaded Nachos with Meat & Cheese Black Beans	Chicken Parmesan Sandwich Broccoli	Crispy Chicken Cornbread Bowl Fries
Veggabotl Plant-Based Special in the Deli		Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl	Fiesta Rice & Beans Bowl
Frait Express Salad of the Week		Chef Salad with Dinner Roll	Chef Salad with Dinner Roll	Chef Salad with Dinner Roll	Chef Salad with Dinner Roll
La Cucina Pizza Specials		Cheese or Chicken Calzones	Chicken & Bacon Pizza	Cheese or Chicken Calzones	Chicken & Bacon Pizza
<p><u>Available Daily:</u> Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups Made to order sandwiches & Panini's are now available daily at the Deli!</p>					

Parents and Students – Effective 3/1 Meals are FREE for all students

To add money to student accounts for snacks please send money in a labeled envelope to the Café or go to payschoolscentral.com

A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Students must take at least one fruit or vegetable with lunch, milk is optional.

Milk without a meal costs \$0.60 – it is not a meal and is not free. However, if your student purchases milk only we encourage you to consider letting them take a fruit and a vegetable (or 2 fruits, or 2 vegetables) with the milk. This qualifies as a FREE meal!

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!