

Week Four 9.19-9.23	Monday	Tuesday	Wednesday	Thursday	Friday
World Market (Daily Hot Choice)	Falafels Made with Chickpea nuggets, Pita Bread, Tzatziki Sauce Tomatoes	Teriyaki Chicken Rice Bowl Broccoli	Early Dismissal Grab & Go meals available for pick up in Cafe at dismissal time Please complete EHS Early Dismissal Lunch Order Form to order a grab & go meal (see email)	Beef Burrito Black Beans	Yardbird Chicken Sandwich Fries
Great American Sandwich Co. (Weekly Deli Special)	Chicken Salad Wrap	Chicken Salad Wrap		Chicken Salad Wrap	Chicken Salad Wrap
Frait Express Salad of the Week	Greek Salad with Grilled Chicken	Greek Salad with Grilled Chicken		Greek Salad with Grilled Chicken	Greek Salad with Grilled Chicken
La Cucina	Bacon Pizza	Cheese or Chicken Calzones		Cheese or Chicken Calzones	Bacon Pizza
Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups Made to order sandwiches now available daily at the Deli!					
Parents and Students – ALL MEALS ARE FREE FOR EVERYONE!! A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Student must take at least one fruit or vegetable with lunch, milk is optional. To add money to student accounts to purchase milk, water or snacks please go to payschoolscentral.com					

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!