

Week Three 10/11-10/15	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	No School Happy Columbus Day!	French Toast Sticks with Sausage Carrots	General Tso's Chicken Noodle Bowl Broccoli	Chicken Quesadilla Spicy Black Beans	Chicken Parmesan Sandwich on Focaccia Bread Fries
Cold Choice (alternates weekly)		Strawberry Banana Smoothie	Strawberry Banana Smoothie	Strawberry Banana Smoothie	Strawberry Banana Smoothie

Available Daily (except Wednesday):
Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich or Spicy Chicken Sandwich
Cheese or Pepperoni Pizza

Parents and Students –
ALL MEALS ARE FREE FOR EVERYONE!!
All students will receive one fruit and/or vegetable with their meal and will be offered more choices during meal service.
1% White Milk and Fat Free Chocolate Milk will be offered with each meal.

To add money to student accounts to purchase milk, water or snacks please go to payschoolscentral.com

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!

