

Week Two 5/29-6/2/2023 EMS	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	No School Happy Memorial Day!	Teriyaki Chicken with Rice	Pasta with Meat Sauce & Garlic Bread	Chicken & Cheese Flatbread	Crispy Chicken Cornbread Bowl
Cold Choice (alternates weekly)		Mixed Vegetables	Broccoli	Carrots	Fries
Cold Choice 2 (alternates weekly)		Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken	Cobb Salad with Crispy Chicken
La Cucina Weekly Pizza Special		Fruit & Yogurt Smoothie with a Pretzel	Fruit & Yogurt Smoothie with a Pretzel	Fruit & Yogurt Smoothie with a Pretzel	Fruit & Yogurt Smoothie with a Pretzel
		Meatball Parmesan Grinder	Meatball Parmesan Grinder	Meatball Parmesan Grinder	Meatball Parmesan Grinder
Available Daily: Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich or Spicy Chicken Sandwich Cheese or Pepperoni Pizza					

Parents and Students – Effective 3/1 Meals are FREE for all students

To add money to student accounts for snacks please send money in a labeled envelope to the Café or go to payschoolscentral.com

A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Students must take at least one fruit or vegetable with lunch, milk is optional.

Milk without a meal costs \$0.60 – it is not a meal and is not free. However, if your student purchases milk only we encourage you to consider letting them take a fruit and a vegetable (or 2 fruits, or 2 vegetables) with the milk. This qualifies as a FREE meal!

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!