

Week Four 9.19-9.23	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
<b>Hot Choice</b> (alternates daily)	Veggie Nuggets with Dinner Rolls  Fries	Pasta & Meatballs  Broccoli	French Toast Sticks  Carrots	<i>Yardbird</i> Chicken Sandwich  Baked Beans	Cheese or Pepperoni Pizza  Peppers
<b>Cold Choice 1</b> (alternates weekly)	Chicken Caesar Salad with a Dinner Roll	Chicken Caesar Salad with a Dinner Roll	Chicken Caesar Salad with a Dinner Roll	Chicken Caesar Salad with a Dinner Roll	Chicken Caesar Salad with a Dinner Roll
<b>Cold Choice 2</b> (same all month)	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin
<b>Cold Choice 3</b> (same all month)	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich

**Parents and Students –  
ALL MEALS ARE FREE FOR EVERYONE!!**

A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Students must take at least one fruit or vegetable with lunch, milk is optional.

**To add money to student accounts to purchase milk, water or snacks please go to [payschoolscentral.com](http://payschoolscentral.com)**

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

**This menu is subject to change. Thank you!!**

