

Week One 5.3-5.7	Monday	Tuesday	Wednesday <b>Early Dismissal</b>	Thursday	Friday
<b>Hot Choice</b> (alternates daily)	Toasted Cheese with Tomato Soup  Chickpeas	Chicken Nuggets With Dinner Roll  Green Beans	Hot Dog  Carrots	Sausage, Egg & Cheese Sandwich on a Bagel  Corn	Cheese Pizza  Broccoli
<b>Cold Choice 1</b> (alternates weekly)	Chicken Ranch Wrap	Chicken Ranch Wrap	N/A	Chicken Ranch Wrap	Chicken Ranch Wrap
<b>Cold Choice 2</b> (same all month)	Yogurt Lunch with Bagel	Yogurt Lunch with Bagel	Yogurt Lunch with Bagel	Yogurt Lunch with Bagel	Yogurt Lunch with Bagel

**Parents and Students –**

**ALL MEALS ARE FREE FOR EVERYONE!!**

All students will receive one fruit and/or vegetable with their meal and will be offered more choices during meal service.  
1% White Milk and Fat Free Chocolate Milk will be offered with each meal.

**To add money to student accounts to purchase milk, water or snacks please go to [payschoolscentral.com](http://payschoolscentral.com)**

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

This menu is subject to change. Thank you!!