

Week Three 10/11-10/15	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	No School Happy Columbus Day!	Grilled Chicken Nuggets With Dinner Rolls Chickpeas	Meatball Grinder Peppers	Chicken Fajita Corn	Cheese or Pepperoni Pizza Roasted Broccoli
Cold Choice 1 (alternates weekly)		Hummus & Pretzel Simply Boxed Meal	Hummus & Pretzel Simply Boxed Meal	Hummus & Pretzel Simply Boxed Meal	Hummus & Pretzel Simply Boxed Meal
Cold Choice 2 (same all month)		Yogurt Lunch with Bagel	Yogurt Lunch with Bagel	Yogurt Lunch with Bagel	Yogurt Lunch with Bagel

Parents and Students –

ALL MEALS ARE FREE FOR EVERYONE!!

All students will receive one fruit and/or vegetable with their meal and will be offered more choices during meal service.
1% White Milk and Fat Free Chocolate Milk will be offered with each meal.

To add money to student accounts to purchase milk, water or snacks please go to payschoolscentral.com

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!