

Week Four 9/20-9/24	Monday 9/20	Tuesday 9/21	Wednesday 9/22	Thursday 9/23	Friday 9/24
Hot Choice (alternates daily)	Pasta with Sauce & Cheese Cucumbers	French Toast Sticks Tator Tots	Chicken Patty Sandwich Spicy Chickpeas	General Tso's Chicken with Rice Broccoli	Cheese or Pepperoni Pizza Carrots
Cold Choice 1 (alternates weekly)	Garden Salad with Chicken	Garden Salad with Chicken	Garden Salad with Chicken	Garden Salad with Chicken	Garden Salad with Chicken
Cold Choice 2 (same all month)	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin	Yogurt Lunch with Muffin

Parents and Students –

ALL MEALS ARE FREE FOR EVERYONE!!

All students will receive one fruit and/or vegetable with their meal and will be offered more choices during meal service.
1% White Milk and Fat Free Chocolate Milk will be offered with each meal.

To add money to student accounts to purchase milk, water or snacks please go to payschoolscentral.com

More information about meals is available at www.ellingtonpublicschools.org/parents/food

This menu is subject to change. Thank you!!