

# Breakfast Menu

# Center ES

January 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1 <b>Breakfast is FREE for all students this year!</b>	2 Mini Cinnamon Rolls ✓ Low Fat Milk 100% Apple Juice	3 Fluffy Whole Grain Waffles ✓ With Syrup Fresh Apple Low Fat Milk	4 WW Honey Bun ✓ Orange 100% Juice Low Fat Milk	5 Grab & Go Apple Cinnamon Muffin Pack ✓ Fresh Banana Low Fat Milk
8 Grab & Go Chocolate Chip Muffin Pack ✓ Applesauce Low Fat Milk	9 Mini Cinnamon Rolls ✓ Low Fat Milk 100% Apple Juice	10 Fluffy Whole Grain Waffles ✓ With Syrup Fresh Apple Low Fat Milk	11 WW Honey Bun ✓ Orange 100% Juice Low Fat Milk	12 
15 	16 Mini Cinnamon Rolls ✓ 100% Apple Juice Low Fat Milk	17 Fluffy Whole Grain Waffles ✓ With Syrup Fresh Apple Low Fat Milk	18 WW Honey Bun ✓ Orange 100% Juice Low Fat Milk	19 Grab & Go Apple Cinnamon Muffin Pack ✓ Fresh Banana Low Fat Milk
22 Grab & Go Chocolate Chip Muffin Pack ✓ Applesauce Low Fat Milk	23 Mini Cinnamon Rolls ✓ 100% Apple Juice Low Fat Milk	24 Fluffy Whole Grain Waffles ✓ With Syrup Fresh Apple Low Fat Milk	25 WW Honey Bun ✓ Fresh Apple Fat Free Chocolate Milk	26 Grab & Go Blueberry Muffin Pack ✓ Fresh Banana Low Fat Milk
29 Grab & Go Chocolate Chip Muffin Pack ✓ Applesauce Low Fat Milk	30 Mini Cinnamon Rolls ✓ 100% Apple Juice Low Fat Milk	31 Fluffy Whole Grain Waffles ✓ With Syrup Fresh Apple Low Fat Milk	<p><b>Alternate Daily Choices include:</b> Yogurt with Granola Reduced Sugar Cereal</p> <p><b>Fruit, Juice and Choice of Milk offered daily with Breakfast</b></p>	

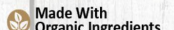
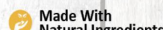
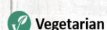


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\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.





# Breakfast Menu

# Crystal Lake

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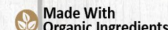
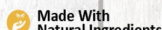
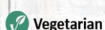


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# Breakfast Menu

# Windermere ES

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