Breakfast Menu

Center ES

January 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast is FREE for all students this year!	2 Mini Cinnamon Rolls Compared to the second secon	3 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	4 WW Honey Bun Orange 100% Juice Low Fat Milk	5 Grab & Go Apple Cinnamon Muffin Pack ∳ Fresh Banana Low Fat Milk
8 Grab & Go Chocolate Chip Muffin Pack	9 Mini Cinnamon Rolls Low Fat Milk 100% Apple Juice	10 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	11 WW Honey Bun Orange 100% Juice Low Fat Milk	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!
MARTIN LUTHER KING JR DAY	16 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	17 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	18 WW Honey Bun Orange 100% Juice Low Fat Milk	Grab & Go Apple Cinnamon Muffin Pack Fresh Banana Low Fat Milk
Grab & Go Chocolate Chip Muffin Pack Applesauce Low Fat Milk	23 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	Pluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	25 WW Honey Bun © Fresh Apple Fat Free Chocolate Milk	26 Grab & Go Blueberr Muffin Pack 🕜 Fresh Banana Low Fat Milk
29 Grab & Go Chocolate Chip Muffin Pack Ø Applesauce Low Fat Milk	30 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	31 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	Alternate Daily Choices include: Yogurt with Granola Reduced Sugar Cereal Fruit, Juice and Choice of Milk offered daily with Breakfast	
our menus are nutritious on the mobile app, FDM www.FDMealPlanner.cor *Consuming raw or und food, shellfish or eggs may incre of food borne illness, especially certain medical conditions. **Menu is subject to change, n when available. ***In accordance with federal ci and U.S. Department of Agricu	ler cooked meat, poultry, sea- lease your risk by if you have notice posted livil rights law liture (USDA)	Vegetarian Made With Natural Ingred Matural Ingred midiscriminating on the basis of re	lients Pork Pork ients choic ace, color national origin, sex (incl	

orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Menu

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

Crystal Lake

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM						
Monday	Tuesday	Wednesday	Thursday	Friday		
Breakfast is FREE for all students this year!	2 Mini Cinnamon Rolls O Low Fat Milk 100% Apple Juice	3 Fluffy Whole Grain Waffles ♥ With Syrup Fresh Apple Low Fat Milk	4 WW Honey Bun 🚱 Orange 100% Juice Low Fat Milk	5 Grab & Go Apple Cinnamon Muffin Pack ∳ Fresh Banana Low Fat Milk		
8 Grab & Go Chocolate Chip Muffin Pack ? Applesauce Low Fat Milk	9 Mini Cinnamon Rolls Low Fat Milk 100% Apple Juice	10 Fluffy Whole Grain Waffles ⊘ With Syrup Fresh Apple Low Fat Milk	11 WW Honey Bun Orange 100% Juice Low Fat Milk	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!		
MARTIN LUTHER KING JR, DAY	16 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	17 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	18 WW Honey Bun Ø Orange 100% Juice Low Fat Milk	Grab & Go Apple Cinnamon Muffin Pack Fresh Banana Low Fat Milk		
22 Grab & Go Chocolate Chip Muffin Pack ? Applesauce Low Fat Milk	23 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	Pluffy Whole Grain Waffles W With Syrup Fresh Apple Low Fat Milk	25 WW Honey Bun Fresh Apple Fat Free Chocolate Milk	26 Grab & Go Blueberry Muffin Pack @ Fresh Banana Low Fat Milk		
29 Grab & Go Chocolate Chip Muffin Pack ? Applesauce Low Fat Milk	30 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	31 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	Alternate Daily Choices include: Yogurt with Granola Reduced Sugar Cereal Fruit, Juice and Choice of Milk offered daily with Breakfast			
our menus are nutritious on the mobile app, FDI www.FDMealPlanner.co	der cooked meat, poultry, sea- ease your risk ly if you have					

and U.S. Department of Agriculture (USDA)

Wegetarian

Breakfast Menu

Windermere ES

January 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast is FREE for all students this year!	2 Mini Cinnamon Rolls Low Fat Milk 100% Apple Juice	3 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	4 WW Honey Bun © Orange 100% Juice Low Fat Milk	5 Grab & Go Apple Cinnamon Muffin Pack ∳ Fresh Banana Low Fat Milk
Grab & Go Chocolate Chip Muffin Pack ∳ Applesauce Low Fat Milk	9 Mini Cinnamon Rolls Low Fat Milk 100% Apple Juice	10 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	11 WW Honey Bun Orange 100% Juice Low Fat Milk	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!
MARTIN LUTHER EING JR/DAY	16 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	17 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	18 WW Honey Bun @ Orange 100% Juice Low Fat Milk	Grab & Go Apple Cinnamon Muffin Pack Fresh Banana Low Fat Milk
22 Grab & Go Chocolate Chip Muffin Pack �� Applesauce Low Fat Milk	23 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	Pluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	25 WW Honey Bun © Fresh Apple Fat Free Chocolate Milk	26 Grab & Go Blueberr Muffin Pack 🕜 Fresh Banana Low Fat Milk
29 Grab & Go Chocolate Chip Muffin Pack �� Applesauce Low Fat Milk	30 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	31 Fluffy Whole Grain Waffles With Syrup Fresh Apple Low Fat Milk	Alternate Daily Choices include: Yogurt with Granola Reduced Sugar Cereal Fruit, Juice and Choice of Milk offered daily with Breakfast	
our menus are nutritious on the mobile app, FDI www.FDMealPlanner.com *Consuming raw or unce of food shellfish or eggs may incress of food borne illness, especially certain medical conditions. ***Menu is subject to change, rwhen available. ***In accordance with federal cand U.S. Department of Agricular and State of the mobile app. FDI www.FDMealPlanner.com ***In accordance with federal cand U.S. Department of Agricular and State of the mobile app. FDI www.FDMealPlanner.com ***In accordance with federal cand U.S. Department of Agricular and State of the mobile app. FDI www.FDMealPlanner.com ***In accordance with federal cand U.S. Department of Agricular and State of the mobile app. FDI www.FDMealPlanner.com ***Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com **Consuming raw or uncertain and state of the mobile app. FDI www.FDMealPlanner.com ***Consuming raw or uncertain and state of the mobile app. FDI www.	der cooked meat, poultry, sea- ease your risk y if you have notice posted ivil rights law ulture (USDA)	Vegetarian Made With Natural Ingred m discriminating on the basis of ra	ients Pork ₩ Smar Choic ace, color national origin, sex (incl	

orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.