

Lunch Menu

Center ES

January
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

1 **Lunch Prices:**
Lunch Meal Price
\$3.10
Reduced Price
\$0.00
Milk only \$0.60
Adult Meal \$4.25

Tuesday

2 1 - Chicken Nuggets
With Whole Wheat
Dinner Roll
2 - Chicken Caesar
Wrap 🌱
Buttered Corn

Wednesday

3 1 - Whole Grain
Pancakes with
Sausage
2 - Chicken Caesar
Wrap 🌱
Cinnamon & Honey
Roasted Beans

Thursday

4 1 - Soft Tacos
Or Crispy Tacos
2 - Chicken Caesar
Wrap 🌱
Black Beans

Friday

5 1 - French Bread
Pizza 🌱
With Pepperoni
2 - Chicken Caesar
Wrap 🌱
Roasted Broccoli


8 1 - Veggaboli Fiesta
Rice and Beans Bowl
🌱 🌱 🌱
2 - Crispy Chicken
Garden Salad 🌱
Grape Tomatoes

9 1 - Baked Chicken
Tenders
With Whole Grain
Biscuit
2 - Crispy Chicken
Garden Salad 🌱
Green Beans

10 1 - Cheeseburger
Or Classic Beef
Burger
2 - Crispy Chicken
Garden Salad 🌱
Sweet Potato Fries

11 1 - Classic Cheese
Pizza 🌱 🌱
Or Pepperoni Pizza P
2 - Crispy Chicken
Garden Salad 🌱
Garden Salad

12 **SCHOOL
CLOSED
TODAY**

15 
MARTIN LUTHER
KING JR. DAY

16 1 - Steamed
Dumplings 🌱
2 - Chicken Caesar
Salad 🌱
Celery

17 1 - Nachos Grande
2 - Chicken Caesar
Salad 🌱
Confetti Black Bean
Salad

18 1 - Tot Spot's BBQ
Chicken Tater Tots
*crispy tater tots topped with
BBQ chicken and scallion
garnish* 🌱
2 - Chicken Caesar
Salad 🌱
Baby Carrots

19 1 - Classic Cheese
Pizza 🌱 🌱
Or Pepperoni Pizza P
2 - Chicken Caesar
Salad 🌱
Roasted Broccoli

22 1 - Grilled Cheese
Sandwich 🌱
With Tomato Soup
2 - Pizza Salad P 🌱
Grape Tomatoes

23 1 - Yard Bird Classic
Chicken Sandwich
2 - Pizza Salad
*tomatoes, carrots,
cucumbers, mozzarella
cheese and pepperoni on a
bed of mixed greens* P 🌱
Oven Baked Fries

24 1 - Cinnamon French
Toast 🌱
2 - Pizza Salad P 🌱
Cinnamon & Honey
Roasted Beans

**EARLY
DISMISSAL**

25 1 - Mac & Cheese
with Ham P 🌱
2 - Pizza Salad
*tomatoes, carrots,
cucumbers, mozzarella
cheese and pepperoni on a
bed of mixed greens* P 🌱
Broccoli Bites O

26 1 - Classic Cheese
Pizza 🌱 🌱
Or Pepperoni Pizza P
2 - Pizza Salad P 🌱
Cucumber Coins

29 1 - Mozzarella Sticks
🌱
With Tomato Sauce
Dip
2 - Hummus and
Pretzel 🌱 🌱 🌱
Roasted Broccoli

30 1 - Chicken Nuggets
With Whole Wheat
Dinner Roll
2 - Hummus and
Pretzel 🌱 🌱 🌱
Glazed Carrots

31 1 - Turkey Hot Dog on
Bun
2 - Hummus and
Pretzel 🌱 🌱 🌱
Baked Beans

Alternate Meals Available Daily:

3 - Yogurt Lunch with Bagel -
whole wheat bagel, cream cheese, low fat
yogurt & a cheese stick

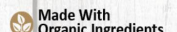
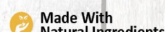
4 - Sunbutter & Jelly Sandwich
made with whole wheat bread

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Lunch Menu

Crystal Lake

January
2024

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With Whole Wheat
Dinner Roll
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Wrap 🌱
Buttered Corn

Wednesday

3 1 - Whole Grain
Pancakes with
Sausage
2 - Chicken Caesar
Wrap 🌱
Cinnamon & Honey
Roasted Beans

Thursday

4 1 - Soft Tacos
Or Crispy Tacos
2 - Chicken Caesar
Wrap 🌱
Black Beans

Friday

5 1 - French Bread
Pizza 🌱
With Pepperoni
2 - Chicken Caesar
Wrap 🌱
Roasted Broccoli

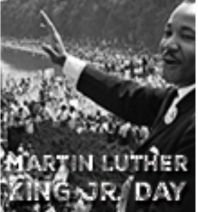
8 1 - Veggaboli Fiesta
Rice and Beans Bowl
🌱 🌱 🌱
2 - Crispy Chicken
Garden Salad 🌱
Grape Tomatoes

9 1 - Baked Chicken
Tenders
With Whole Grain
Biscuit
2 - Crispy Chicken
Garden Salad 🌱
Green Beans

10 1 - Cheeseburger
Or Classic Beef
Burger
2 - Crispy Chicken
Garden Salad 🌱
Sweet Potato Fries

11 1 - Classic Cheese
Pizza 🌱 🌱
Or Pepperoni Pizza P
2 - Crispy Chicken
Garden Salad 🌱
Garden Salad

12 **SCHOOL
CLOSED
TODAY**

15 
MARTIN LUTHER
KING JR. DAY

16 1 - Steamed
Dumplings 🌱
2 - Chicken Caesar
Salad 🌱
Celery

17 1 - Nachos Grande
2 - Chicken Caesar
Salad 🌱
Confetti Black Bean
Salad

18 1 - Tot Spot's BBQ
Chicken Tater Tots
*crispy tater tots topped with
BBQ chicken and scallion
garnish 🌱*
2 - Chicken Caesar
Salad 🌱
Baby Carrots

19 1 - Classic Cheese
Pizza 🌱 🌱
Or Pepperoni Pizza P
2 - Chicken Caesar
Salad 🌱
Roasted Broccoli

22 1 - Grilled Cheese
Sandwich 🌱
With Tomato Soup
2 - Pizza Salad P 🌱
Grape Tomatoes

23 1 - Yard Bird Classic
Chicken Sandwich
2 - Pizza Salad
*tomatoes, carrots,
cucumbers, mozzarella
cheese and pepperoni on a
bed of mixed greens P 🌱*
Oven Baked Fries

24 1 - Cinnamon French
Toast 🌱
2 - Pizza Salad P 🌱
Cinnamon & Honey
Roasted Beans

**EARLY
DISMISSAL**

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with Ham P 🌱
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Broccoli Bites O

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Or Pepperoni Pizza P
2 - Pizza Salad P 🌱
Cucumber Coins

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🌱
With Tomato Sauce
Dip
2 - Hummus and
Pretzel 🌱 🌱 🌱
Roasted Broccoli

30 1 - Chicken Nuggets
With Whole Wheat
Dinner Roll
2 - Hummus and
Pretzel 🌱 🌱 🌱
Glazed Carrots

31 1 - Turkey Hot Dog on
Bun
2 - Hummus and
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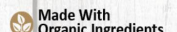
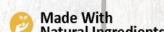
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Lunch Menu

Windermere ES

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Cinnamon & Honey
Roasted Beans

Thursday

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Black Beans

Friday

5 1 - French Bread
Pizza 🌱
With Pepperoni
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Wrap 🌱
Roasted Broccoli

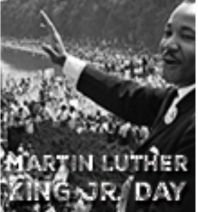
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Grape Tomatoes

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Biscuit
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Green Beans

10 1 - Cheeseburger
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Burger
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Garden Salad 🌱
Sweet Potato Fries

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