

Breakfast Menu

Ellington HS

April 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday


Wednesday

Thursday

Friday

1 1 - Sausage, Egg and Cheese Sandwich
2 - Fruity Parfait 

100% Apple Juice
Fat Free Chocolate Milk

2 1 - Bacon, Egg and Cheese Breakfast Sandwich 
2 - Strawberry Banana Smoothie
Fresh Orange
Unflavored Low Fat Milk

3 1 - Sausage, Egg and Cheese Sandwich
2 - Fruity Parfait 

Orange 100% Juice
Unflavored Low Fat Milk

4 1 - Egg and Cheese Sandwich 
2 - Fruity Parfait 

Fresh Banana
Unflavored Low Fat Milk

7 1 - Egg and Cheese Sandwich 
2 - Strawberry Banana Smoothie
Fresh Apple
Unflavored Low Fat Milk


8 1 - Sausage, Egg and Cheese Sandwich
2 - Fruity Parfait 

100% Apple Juice
Fat Free Chocolate Milk

9 1 - Bacon, Egg and Cheese Breakfast Sandwich 
2 - Strawberry Banana Smoothie
Fresh Orange
Unflavored Low Fat Milk

10 1 - Sausage, Egg and Cheese Sandwich
2 - Fruity Parfait 

Orange 100% Juice
Unflavored Low Fat Milk

11 1 - Egg and Cheese Sandwich 
2 - Strawberry Banana Smoothie
Fresh Banana
Unflavored Low Fat Milk



14
Happy Spring Break!
15
16
17



21 1 - Egg and Cheese Sandwich 
2 - Strawberry Banana Smoothie
Fresh Apple
Unflavored Low Fat Milk


22 1 - Sausage, Egg and Cheese Sandwich 
2 - Fruity Parfait 

100% Apple Juice
Unflavored Low Fat Milk

23 1 - Bacon, Egg and Cheese Breakfast Sandwich 
2 - Strawberry Banana Smoothie
Fresh Orange
Unflavored Low Fat Milk

24 1 - Sausage, Egg and Cheese Sandwich
2 - Fruity Parfait 

Orange 100% Juice
Unflavored Low Fat Milk


25 1 - Egg and Cheese Sandwich 
2 - Strawberry Banana Smoothie
Fresh Banana
Unflavored Low Fat Milk

28 1 - Egg and Cheese Sandwich 
2 - Fruity Parfait 

Fresh Apple
Unflavored Low Fat Milk

29 1 - Sausage, Egg and Cheese Sandwich 
2 - Fruity Parfait 

100% Apple Juice
Unflavored Low Fat Milk

30 1 - Bacon, Egg and Cheese Breakfast Sandwich 
2 - Strawberry Banana Smoothie
Fresh Orange
Unflavored Low Fat Milk

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Price:
\$2.50

Free/Reduced
Price: \$0.00

Adult Price: \$3.00

Alternate Daily Choices Include:

Reduced Sugar Cereals & Whole Grain Muffins

Juice, Fruit & Choice of Milk Offered Daily with Breakfast

