

Breakfast Menu

Ellington HS

March 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 1 - Egg and Cheese Sandwich 2 - Strawberry Banana Smoothie Fresh Apple Unflavored Low Fat Milk	4 1 - Sausage, Egg and Cheese Sandwich 2 - Fruity Parfait 100% Apple Juice Fat Free Chocolate Milk	5 1 - Bacon, Egg and Cheese Breakfast Sandwich 2 - Strawberry Banana Smoothie Fresh Orange Unflavored Low Fat Milk	6 1 - Sausage, Egg and Cheese Sandwich 2 - Fruity Parfait Orange 100% Juice Unflavored Low Fat Milk	7 1 - Egg and Cheese Sandwich 2 - Fruity Parfait Fresh Banana Unflavored Low Fat Milk
10 1 - Egg and Cheese Sandwich 2 - Strawberry Banana Smoothie Fresh Apple Unflavored Low Fat Milk	11 1 - Sausage, Egg and Cheese Sandwich 2 - Fruity Parfait 100% Apple Juice Fat Free Chocolate Milk	12 1 - Bacon, Egg and Cheese Breakfast Sandwich 2 - Strawberry Banana Smoothie Fresh Orange Unflavored Low Fat Milk	13 1 - Sausage, Egg and Cheese Sandwich 2 - Fruity Parfait Orange 100% Juice Unflavored Low Fat Milk	14 1 - Egg and Cheese Sandwich 2 - Strawberry Banana Smoothie Fresh Banana Unflavored Low Fat Milk
17 1 - Egg and Cheese Sandwich 2 - Fruity Parfait Fresh Apple Unflavored Low Fat Milk	18 1 - Sausage, Egg and Cheese Sandwich Strawberry Banana Smoothie 100% Apple Juice Unflavored Low Fat Milk	19 1 - Bacon, Egg and Cheese Breakfast Sandwich Fruity Parfait Fresh Orange Unflavored Low Fat Milk	20 1 - Sausage, Egg and Cheese Sandwich Strawberry Banana Smoothie Orange 100% Juice Unflavored Low Fat Milk	21 1 - Egg and Cheese Sandwich 2 - Fruity Parfait Fresh Banana Unflavored Low Fat Milk
24 1 - Egg and Cheese Sandwich 2 - Strawberry Banana Smoothie Fresh Apple Unflavored Low Fat Milk	25 1 - Sausage, Egg and Cheese Sandwich 2 - Fruity Parfait 100% Apple Juice Unflavored Low Fat Milk	26 1 - Bacon, Egg and Cheese Breakfast Sandwich 2 - Strawberry Banana Smoothie Fresh Orange Unflavored Low Fat Milk	27 1 - Sausage, Egg and Cheese Sandwich 2 - Fruity Parfait Orange 100% Juice Unflavored Low Fat Milk	28 1 - Egg and Cheese Sandwich 2 - Strawberry Banana Smoothie Fresh Banana Unflavored Low Fat Milk
31 1 - Egg and Cheese Sandwich 2 - Fruity Parfait Fresh Apple Unflavored Low Fat Milk				



Happy National School Breakfast Week!

March 3-7



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Price:
\$2.50

Free/Reduced
Price: \$0.00

Adult Price: \$3.00

Alternate Daily Choices Include:

Hard Boiled Egg with English Muffin

Reduced Sugar Cereals & Whole Grain Muffins

Juice, Fruit & Choice of Milk Offered Daily with Breakfast

