

Week One 1.4-1.8	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
World Market (Daily Hot Choice)	Mozzarella Sticks Carrots	Chicken Quesadilla Black Beans	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Steak & Cheese Grinder Corn	Chicken & Waffles Broccoli
Great American Sandwich Co. (Weekly Deli Special)	Chicken Balsamic Panini	Chicken Balsamic Panini		Chicken Balsamic Panini	Chicken Balsamic Panini
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza, Cheese and Chicken Calzones Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups</p>					
<p>Students- ALL MEALS ARE FREE!! When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p>					

Week Two 1.11-1.15	Monday	Tuesday	Wednesday Early Dismissal	Thursday	Friday
World Market (Daily Hot Choice)	Protein Pasta with Broccoli and Cheese	Chicken Fiesta Rice Bowl	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Pulled Pork Sandwich with Fries	No School
Great American Sandwich Co. (Weekly Deli Special)	Chicken Caesar Wrap	Chicken Caesar Wrap		Chicken Caesar Wrap	
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza, Cheese and Chicken Calzones Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups</p>					
<p>Students- ALL MEALS ARE FREE!!</p> <p>When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p>					

Week Three 1.18-1.22	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
World Market (Daily Hot Choice)	No School	Chicken Drumstick	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Nachos Black Beans	General Tso's Chicken with Noodles Carrots
Great American Sandwich Co. (Weekly Deli Special)		Buffalo Chicken Panini		Buffalo Chicken Panini	Buffalo Chicken Panini

Available Daily (except Wednesday):

Hamburger, Cheeseburger, Veggie Burger
 Chicken Patty and Spicy Chicken Patty Sandwiches
 Cheese & Pepperoni Pizza, Cheese and Chicken Calzones
 Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups

Students-
ALL MEALS ARE FREE!!

**When you enter the Café for lunch:
 Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.**

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

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Thank you!!

Week One 1.25-1.29	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
World Market (Daily Hot Choice)	Toasted Cheese with Tomato Soup	Chicken Parmesan with Pasta Green Beans	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Pancakes and Sausage	Teriyaki Chicken Rice Bowl
Great American Sandwich Co. (Weekly Deli Special)	BBQ Chicken Wrap	BBQ Chicken Wrap		BBQ Chicken Wrap	BBQ Chicken Wrap
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Patty and Spicy Chicken Patty Sandwiches Cheese & Pepperoni Pizza, Cheese and Chicken Calzones Pre-Made Salads and Sandwiches, Smoothies and Yogurt Parfaits and Fruit Cups</p>					
<p>Students- ALL MEALS ARE FREE!!</p> <p>When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p>					

Thank you!!