

Meal Pick up is Mon-Fri at Ellington High School Front Entrance 9-10am  
37 Maple St. Ellington, CT

Week Two 1/11-1/15	Monday	Tuesday	Wednesday	Thursday	Friday  Extra meals available for Sat & Sun and Monday
<p><b>Choice A</b> (alternates daily)</p> <p>Vegetarian option available daily upon request</p>	General Tso's Chicken	Beef Patty with Baked Beans	Chicken Tenders	Teriyaki Chicken	Cheese Pizza
<p><b>Choice B</b> (alternates weekly)</p>	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup
<p align="center"><b>Saturday Choice A = Hamburger</b>  <b>Sunday Choice A = Chicken Cutlet Sandwich</b>  <b>Monday Choice A = General Tso's Chicken</b></p>					
<p align="center"><b>Parents/Students-</b>  <b>ALL MEALS ARE FREE!!</b>  <b>Cereal or Muffin Breakfast Kits will be offered daily for Breakfast</b></p> <p align="center">Go to <a href="http://www.ellingtonpublicschools.org/parents/food">www.ellingtonpublicschools.org/parents/food</a> for more information  Thank you!</p>					

All meals are individually packaged and served cold/frozen. Please heat to 165 degrees before eating. All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

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<b>Week Three 1/18-1/22</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>  <b>Extra meals available for Sat &amp; Sun</b>
<b>Choice A</b> (alternates daily)  Vegetarian option available daily upon request	No School  No Meals Available	Beef Patty with Baked Beans	Chicken Patty Sandwich	Teriyaki Chicken	Cheese Pizza
<b>Choice B</b> (alternates weekly)		Lasagna Rollup	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup
<b>Saturday Choice A = Hamburger</b>					
<b>Sunday Choice A = Chicken Cutlet Sandwich</b>					
<p><b>Parents/Students-</b> <b>ALL MEALS ARE FREE!!</b> <b>Cereal or Muffin Breakfast Kits will be offered daily for Breakfast</b></p> <p>Go to <a href="http://www.ellingtonpublicschools.org/parents/food">www.ellingtonpublicschools.org/parents/food</a> for more information</p> <p>Thank you!</p>					

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<b>Week One 1/25-1/29</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>  <b>Extra meals available for Sat &amp; Sun</b>
<b>Choice A</b> (alternates daily)  Vegetarian option available daily upon request	General Tso's Chicken	Beef Patty with Baked Beans	Chicken Patty Sandwich	Teriyaki Chicken	Cheese Pizza
<b>Choice B</b> (alternates weekly)	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup	Lasagna Rollup
<b>Saturday Choice A = Hamburger</b>					
<b>Sunday Choice A = Chicken Cutlet Sandwich</b>					
<p><b>Parents/Students-</b>  <b>ALL MEALS ARE FREE!!</b>  <b>Cereal or Muffin Breakfast Kits will be offered daily for Breakfast</b></p> <p>Go to <a href="http://www.ellingtonpublicschools.org/parents/food">www.ellingtonpublicschools.org/parents/food</a> for more information            Thank you!</p>					

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