

Week Four 9/20-9/24	Monday 9/20	Tuesday 9/21	Wednesday 9/22	Thursday 9/23	Friday 9/24
<b>Hot Choice</b> (alternates daily)	Pasta with Sauce & Cheese Cheesy Garlic Bread  Roasted Broccoli	Sausage, Egg & Cheese Sandwich  Carrots	Hot Dog  Baked Beans	Chicken Fajita with Rice  Peppers	Popcorn Chicken with Mashed Potatoes, Corn & Gravy  Dinner Roll
<b>Cold Choice</b> (alternates weekly)	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad

**Available Daily (except Wednesday):**  
Hamburger, Cheeseburger, Veggie Burger  
Chicken Sandwich or Spicy Chicken Sandwich  
Cheese or Pepperoni Pizza

**Parents and Students –**  
**ALL MEALS ARE FREE FOR EVERYONE!!**  
All students will receive one fruit and/or vegetable with their meal and will be offered more choices during meal service.  
1% White Milk and Fat Free Chocolate Milk will be offered with each meal.

**To add money to student accounts to purchase milk, water or snacks please go to**  
**[payschoolscentral.com](http://payschoolscentral.com)**

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

**This menu is subject to change. Thank you!!**