

# Breakfast Menu

# Ellington MS

January 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1 Breakfast is FREE for all students this year!	2 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	3 Bacon, Egg and Cheese Breakfast Sandwich Organic Applesauce Low Fat Milk	4 WW Honey Bun Orange Juice Low Fat Milk	5 Blueberry Muffin Fresh Banana Low Fat Milk
8 Maple Mini Waffles Syrup Fresh Apple Low Fat Milk	9 Mini Cinnamon Rolls Low Fat Milk 100% Apple Juice	10 Sausage, Egg and Cheese Sandwich Organic Applesauce Low Fat Milk	11 WW Honey Bun Orange Juice Low Fat Milk	12 
15 	16 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	17 Bacon, Egg and Cheese Breakfast Sandwich Organic Applesauce Low Fat Milk	18 WW Honey Bun Orange Juice Low Fat Milk	19 Blueberry Muffin Fresh Banana Low Fat Milk
22 Maple Mini Waffles Syrup Fresh Apple Low Fat Milk	23 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	24 Sausage, Egg and Cheese Sandwich Organic Applesauce Low Fat Milk	25 WW Honey Bun Orange Juice Low Fat Milk	26 Blueberry Muffin Fresh Banana Low Fat Milk
29 Maple Mini Waffles Syrup Fresh Apple Low Fat Milk	30 Mini Cinnamon Rolls 100% Apple Juice Low Fat Milk	31 Bacon, Egg and Cheese Breakfast Sandwich Organic Applesauce Low Fat Milk	<p>Alternate Daily Choices include: Reduced Sugar Cereals Whole Grain Muffins or Bagels</p> <p>Juice, Fruit and Choice of Milk Offered Daily with Breakfast</p>	



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

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