

Week One 11/2-11/6	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
Hot Choice (alternates daily)	Mozzarella Sticks Chickpeas	No school Grab & Go meals available for pick up 9-10 am	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Beef Burrito Corn	Chicken Tenders with Breadstick Broccoli
Cold Choice (alternates weekly)	Chicken Balsamic Panini			Chicken Balsamic Panini	Chicken Balsamic Panini
<u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza Pre-Made Salads and Sandwiches					
<p>Students- ALL MEALS ARE FREE!!</p> <p>When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p> <p>Thank you!!</p>					

Week Two 11/9-11/13	Monday	Tuesday	Wednesday Early Dismissal	Thursday	Friday
Hot Choice (alternates daily)	Cheese Quesadilla Black Beans	Pulled Pork Sandwich with Tator Tots	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Chicken Drumstick with Dinner Roll Green Beans
Cold Choice 1 (alternates weekly)	Chicken Caesar Wrap	Chicken Caesar Wrap			Chicken Caesar Wrap
<u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza Pre-Made Salads and Sandwiches					
Students- ALL MEALS ARE FREE!! When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal. All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal. More information about meals is available at www.ellingtonpublicschools.org/parents/food Thank you!!					

Week Three 11/16-11/20	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Mac & Cheese Broccoli	Turkey Dinner With Mashed Potatoes & Corn	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Nachos Black Beans	General Tso's Chicken with Rice Carrots
Cold Choice (alternates weekly)	Buffalo Chicken Panini	Buffalo Chicken Panini		Buffalo Chicken Panini	Buffalo Chicken Panini

Available Daily (except Wednesday):

Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza
Pre-Made Salads and Sandwiches

**Students-
ALL MEALS ARE FREE!!**

**When you enter the Café for lunch:
Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.**

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

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Thank you!!

Week One 11/23-11/27	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Toasted Cheese with Tomato Soup	Pasta with Meatballs and Garlic Bread Green Beans	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	No school	No school
Cold Choice (alternates weekly)	BBQ Chicken Wrap	BBQ Chicken Wrap			

Available Daily (except Wednesday):

Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza
Pre-Made Salads and Sandwiches

Students-

ALL MEALS ARE FREE!!

When you enter the Café for lunch:

Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

More information about meals is available at www.ellingtonpublicschools.org/parents/food

Thank you!!

Teriyaki chix
Chicken rice bowls / burritos