

Week One 11/2-11/6	Monday	Tuesday	Wednesday Early Dismissal	Thursday	Friday
Hot Choice (alternates daily)	Toasted Cheese Sandwich Corn	No school Grab & Go Meals available for pick up at EHS 9-10am	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Pasta & Meatballs Chickpeas	Chicken Tenders with Breadstick Broccoli
Cold Choice (alternates weekly)	Strawberry Banana Smoothie			Strawberry Banana Smoothie	Strawberry Banana Smoothie
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza</p>					
<p>Students- ALL MEALS ARE FREE!</p> <p>Please submit your meal order during homeroom</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p> <p>Thank you!!</p>					

Week Two 11/9-11/13	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Cheese Quesadilla Black Beans	Pulled Pork Sandwich with Tator Tots	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Chicken Drumstick With Dinner Roll Green Beans
Cold Choice (alternates weekly)	Chicken Caesar Salad	Chicken Caesar Salad			Chicken Caesar Salad

Available Daily:

Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza

**Students-
ALL MEALS ARE FREE!**

Please submit your meal order during homeroom

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

More information about meals is available at www.ellingtonpublicschools.org/parents/food

Thank you!!

Week Three 11/16-11/20	Monday	Tuesday	Wednesday Early Dismissal	Thursday	Friday
Hot Choice (alternates daily)	Mac & Cheese Broccoli	Balsamic Chicken Panini Carrots	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Nachos Corn	Popcorn Chicken Celery Sticks
Cold Choice (alternates weekly)	Hummus & Veggie Plate	Hummus & Veggie Plate		Hummus & Veggie Plate	Hummus & Veggie Plate

Available Daily (except Wednesday):
Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza

**Students-
ALL MEALS ARE FREE!**

Please submit your meal order during homeroom

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

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Thank you!!

Week One 11/23-11/27	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Mozzarella Sticks Celery Sticks	General Tso's Chicken with Rice Broccoli	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	No school	No School
Cold Choice (alternates weekly)	Turkey & Cheese Grinder	Turkey & Cheese Grinder			
<u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza					
<p>Students- ALL MEALS ARE FREE!</p> <p>Please submit your meal order during homeroom</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p> <p>Thank you!!</p>					