

Week One 10/5-10/9	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
Hot Choice (alternates daily)	Mozzarella Sticks	Chicken Drumstick with Dinner Roll	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Burrito	Chicken Tenders with Breadstick
Cold Choice (alternates weekly)	Chicken Balsamic Panini	Chicken Balsamic Panini		Chicken Balsamic Panini	Chicken Balsamic Panini
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza Pre-Made Salads and Sandwiches</p>					
<p>Students- ALL MEALS ARE FREE!!</p> <p>When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p> <p>Thank you!!</p>					

Week Two 10/12-10/16	Monday	Tuesday	Wednesday Early Dismissal	Thursday	Friday
Hot Choice (alternates daily)	Columbus Day	Teriyaki Chicken with Rice	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Cheese Quesadilla	Chicken Nuggets with Dinner Roll
Cold Choice 1 (alternates weekly)		Chicken Caesar Wrap		Chicken Caesar Wrap	Chicken Caesar Wrap
<p><u>Available Daily (except Wednesday):</u> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza Pre-Made Salads and Sandwiches</p>					
<p>Students- ALL MEALS ARE FREE!!</p> <p>When you enter the Café for lunch: Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.</p> <p>All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.</p> <p>More information about meals is available at www.ellingtonpublicschools.org/parents/food</p> <p>Thank you!!</p>					

Week Three 10/19-10/23	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Mac & Cheese	General Tso's Chicken with Rice	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Nachos	Chicken Tenders with Breadstick
Cold Choice (alternates weekly)	Chicken Fiesta Wrap	Chicken Fiesta Wrap		Chicken Fiesta Wrap	Chicken Fiesta Wrap

Available Daily (except Wednesday):

Hamburger, Cheeseburger, Veggie Burger
Chicken Sandwich
Cheese Pizza
Pre-Made Salads and Sandwiches

Students-

ALL MEALS ARE FREE!!

When you enter the Café for lunch:

Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

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Thank you!!

Week One 10/26-10/30	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice (alternates daily)	Toasted Cheese	Pasta with Meatballs	<i>Complete 'EHS Early Dismissal Lunch Order Form' to order a grab & go meal to take home</i>	Chicken Quesadilla	Popcorn Chicken Bowl
Cold Choice (alternates weekly)	Buffalo Chicken Wrap	Buffalo Chicken Wrap		Buffalo Chicken Wrap	Buffalo Chicken Wrap

Available Daily (except Wednesday):

Hamburger, Cheeseburger, Veggie Burger
 Chicken Sandwich
 Cheese Pizza
 Pre-Made Salads and Sandwiches

Students-

ALL MEALS ARE FREE!!

When you enter the Café for lunch:

Please proceed to the Hot Serving Line to pick up a Hot Meal or go to the Deli Area to pick up a Cold Meal.

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

More information about meals is available at www.ellingtonpublicschools.org/parents/food

Thank you!!

