

<b>Week One 10/5-10/9</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday Early Dismissal</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Choice</b> (alternates daily)	Toasted Cheese Sandwich	Chicken Drumstick with Dinner Roll	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab &amp; go meal to take home</i>	Balsamic Chicken Panini	Chicken Tenders
<b>Cold Choice</b> (alternates weekly)	Chicken Caesar Salad	Chicken Caesar Salad		Chicken Caesar Salad	Chicken Caesar Salad

**Available Daily (except Wednesday):**

Hamburger, Cheeseburger, Veggie Burger  
Chicken Sandwich  
Cheese Pizza

**Students-  
ALL MEALS ARE FREE!**

**Please submit your meal order during homeroom**

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

Thank you!!

Week Two 10/12-10/16	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Choice</b> (alternates daily)	<b>Columbus Day</b>  <b>School Closed</b>  <b>No Grab &amp; Go Meals</b>	Hot Dog	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab &amp; go meal to take home</i>	Chicken Quesadilla	Chicken Nuggets With Dinner Roll
<b>Cold Choice</b> (alternates weekly)		Strawberry Banana Smoothie		Strawberry Banana Smoothie	Strawberry Banana Smoothie
<b>Available Daily:</b> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza					
<b>Students-</b> <b>ALL MEALS ARE FREE!</b>  <b>Please submit your meal order during homeroom</b>  All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.  More information about meals is available at <a href="http://www.ellingtonpublicschools.org/parents/food">www.ellingtonpublicschools.org/parents/food</a>  Thank you!!					

Week Three 10/19-10/23	Monday	Tuesday	Wednesday Early Dismissal	Thursday	Friday
<b>Hot Choice</b> (alternates daily)	Mac & Cheese	General Tso's Chicken With Rice	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab &amp; go meal to take home</i>	Pancakes	Chicken Tenders
<b>Cold Choice</b> (alternates weekly)	Buffalo Chicken Wrap	Buffalo Chicken Wrap		Buffalo Chicken Wrap	Buffalo Chicken Wrap
<b><u>Available Daily (except Wednesday):</u></b> Hamburger, Cheeseburger, Veggie Burger Chicken Sandwich Cheese Pizza					
<b>Students-</b> <b>ALL MEALS ARE FREE!</b>  <b>Please submit your meal order during homeroom</b>  All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.  More information about meals is available at <a href="http://www.ellingtonpublicschools.org/parents/food">www.ellingtonpublicschools.org/parents/food</a>  Thank you!!					

<b>Week One 10/26-10/30</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Choice</b> (alternates daily)	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab &amp; go meal to take home</i>	<i>Complete 'EMS Early Dismissal Lunch Order Form' to order a grab &amp; go meal to take home</i>	Mozzarella Sticks	Beef Burrito	Popcorn Chicken
<b>Cold Choice</b> (alternates weekly)			Garden Salad with Chicken	Garden Salad with Chicken	Garden Salad with Chicken

**Available Daily (except Wednesday):**

Hamburger, Cheeseburger, Veggie Burger  
Chicken Sandwich  
Cheese Pizza

**Students-  
ALL MEALS ARE FREE!**

**Please submit your meal order during homeroom**

All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

Thank you!!