



Week One 3.20-3.24.23	Monday	Tuesday	Wednesday <i>Early Dismissal</i>	Thursday	Friday
<b>Hot Choice</b> (alternates daily)	Mac & Cheese  Broccoli	Chicken Tenders with a Biscuit  Corn	Pancake & Sausage Bites  Carrots	Loaded Nachos with Meat & Cheese  Peppers	Cheese or Pepperoni Pizza  Chickpeas
<b>Cold Choice 1</b> (alternates weekly)	Garden Salad with Chicken & a Dinner Roll	Garden Salad with Chicken & a Dinner Roll	?	Garden Salad with Chicken & a Dinner Roll	Garden Salad with Chicken & a Dinner Roll
<b>Cold Choice 2</b> (same all month)	Yogurt Lunch with Graham Crackers	Yogurt Lunch with Graham Crackers	Yogurt Lunch with Graham Crackers	Yogurt Lunch with Graham Crackers	Yogurt Lunch with Graham Crackers
<b>Cold Choice 3</b> (same all month)	Bagel with Sunbutter	Bagel with Sunbutter	Bagel with Sunbutter	Bagel with Sunbutter	Bagel with Sunbutter

**Parents and Students – Effective 3/1 Meals are FREE for all students**

**To add money to student accounts for snacks please send money in a labeled envelope to the Café or go to [payschoolscentral.com](http://payschoolscentral.com)**

A variety of fruits and vegetables plus choice of milk are offered with all lunch meals. Students must take at least one fruit or vegetable with lunch, milk is optional.

Milk without a meal costs \$0.60 – it is not a meal and is not free. However, if your student purchases milk only we encourage you to consider letting them take a fruit and a vegetable (or 2 fruits, or 2 vegetables) with the milk. This qualifies as a FREE meal!

More information about meals is available at [www.ellingtonpublicschools.org/parents/food](http://www.ellingtonpublicschools.org/parents/food)

**This menu is subject to change. Thank you!**



*All reimbursable meals are served with a meat/ meat alternate, grain, choice of fat free or 1% low fat milks, and fruit and/ or vegetable selections. All reimbursable meals meet USDA & HHFKA standards.*