

Meal Pick up is Mon-Fri at EHS Front Entrance 9-10am

Week One 11/2-116	Monday Extra meals available for pickup for 11/3	Tuesday	Wednesday	Thursday	Friday Extra meals available for Sat & Sun
<p>Choice A (alternates daily)</p> <p>Vegetarian option available daily upon request</p>	Hamburger	<p>No meals available due to Election Day</p>	Toasted Cheese Sandwich	Chicken Patty Sandwich	Cheese Pizza
<p>Choice B (alternates weekly)</p>	Chicken Drumstick with Dinner Roll		Chicken Drumstick with Dinner Roll	Chicken Drumstick with Dinner Roll	Chicken Drumstick with Dinner Roll
<p align="center">Saturday Choice A = General Tso's Chicken</p>					
<p align="center">Sunday Choice A = Hot Dog</p>					
<p align="center">Parents/Students- ALL MEALS ARE FREE!! Cereal or Muffin Breakfast Kits will be offered daily for Breakfast</p> <p align="center">Go to www.ellingtonpublicschools.org/parents/food for more information</p> <p align="center">Thank you!</p>					

All meals are individually packaged and served cold/frozen. Please heat to 165 degrees before eating. All students will receive a fruit and/or vegetable with their meal. Milk will be offered with each meal.

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Week Two 11/9-11/13	Monday	Tuesday	Wednesday	Thursday	Friday Extra meals available for Sat & Sun
Choice A (alternates daily) Vegetarian option available daily upon request	Lasagna Rollup	Chicken Tenders with Roasted Potatoes	Grilled Chicken Sandwich	Teriyaki Chicken with Brown Rice and Corn	Cheese Pizza
Choice B (alternates weekly)	Hamburger	Hamburger	Hamburger	Hamburger	Hamburger
Saturday Choice A = Lasagna Roll up					
Sunday Choice A = BBQ Beef with Beans					
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Week Three 11/16-11/20 Vegetarian option available daily upon request	Monday	Tuesday	Wednesday	Thursday	Friday Extra meals available for Sat & Sun
Choice A (alternates daily)	Toasted Cheese Sandwich	General Tso's Chicken	Hot Dog	Cheeseburger	Cheese Pizza
Choice B (alternates weekly)	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich
Saturday Choice A = Teriyaki Chicken with Rice Sunday Choice A = Grilled Chicken Sandwich					
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Week One 11/23-11/27	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian option available daily upon request			Extra meals available for Thurs-Sun	Thanksgiving No School	No School
Choice A (alternates daily)	Mac & Cheese with Broccoli	Chicken Tenders with Roasted Potatoes	General Tso's Chicken Nuggets with Rice and Carrots	No Meals Available	No Meals Available
Choice B (alternates weekly)	Chicken Cutlet Sandwich	Chicken Cutlet Sandwich	Chicken Cutlet Sandwich		
Thursday Choice A = Lasagna Rollup Friday Choice A = Cheese Pizza Saturday Choice A = Hot Dog Sunday Choice A = Cheeseburger					
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