**Ellington Knights**

**Spring Sports Tryout & Practice Schedule**

***Baseball***

Baseball Field

March 12 – March 16 Pitchers and Catchers (Coach will contact participants)

March 17 8:00 am – 10:30 am (in the gym)

March 19 – March 23 2:30 pm – 4:30 pm

Coaches: Mr. Tautkus + Mr. Knickerbocker (Varsity) and Mr. Bassett (JV)

***Softball Tryouts***

Softball Field

March 19 – March 23 2:30 pm – 4:30 pm

Coaches: Mr. Gordon (Varsity) and Mr. McCallum (JV)

***Girls’ Lacrosse Tryouts***

Back Lacrosse field

March 19 – March 23 2:30 pm – 4:30 pm

Coaches: Mrs. Orvis (Varsity) and Mr. Kozik (JV)

***Boys’ and Girls’ Track Practice***

Meet in Cafeteria, then outside

March 19 – March 23 2:30 pm – 4:30 pm

Coaches: Mr. Flamino, Mr. Corbett

***Boys’ Lacrosse Tryouts***

Lacrosse Practice Field

March 19 – March 23 4:00 pm – 6:00 pm

Coaches: Mr. Giordano (Varsity) and Mr. Riola (JV)

***Golf Tryouts***

Rolling Meadows Golf Course

March 19 – March 23 2:30 pm

Coaches: Mr. M. Stiles (Varsity) and Mr. T. Stiles (JV)

***Boys’ Tennis Tryouts***

March 19 – March 23 2:30 pm – 4:30 pm

Coaches: Mr. Willis (Varsity) and Mr. Fox (JV)

***Girls’ Tennis Tryouts***

March 19 – March 23 2:30 pm – 4:30 pm

Coaches: Mr. Willis (Varsity) and Mr. Fox (JV)

**Students must have an up-to-date physical on file in the athletic office.**

 **Sports physical forms are available in the main office and on the *Sports Information* link on our school web site.**

**The Ellington Board of Education has instituted “Pay to Participate” for all Board-funded sports. Co-op teams have participation fees. Coaches will provide further information.**

**For further information, contact the Athletic Dept.**

**Mr. Tim McCluskey, Athletic Director**

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