



# Ellington Public Schools

## COVID-19 Return to play

### Medical Release After COVID-19 Infection

I have examined \_\_\_\_\_ DOB \_\_\_\_\_ on \_\_\_\_\_, 20\_\_\_\_ .

Today's visit was: \_\_\_\_\_ in-person visit \_\_\_\_\_ telehealth visit

- Student-athlete was known to have **mild symptoms/was asymptomatic**. During today's visit AAP protocol has been incorporated in clearing the student-athlete to return to all athletic activities, including competition.

**OR**

- Student-athlete was known to have **mild symptoms/was asymptomatic** and is clear to begin AAP return-to-play protocol under the supervision of appropriate school personnel.
- Student-athlete was known to have **moderate symptoms**. Today's assessment was done in-person and student-athlete may begin the AAP return-to-play protocol
- Student-athlete had **severe symptoms** and must restrict themselves from exercise for 3-6 months and obtain cardiology clearance prior to resuming training or competition.

\_\_\_\_\_  
Provider Signature

Date \_\_\_\_\_, 20\_\_\_\_

\_\_\_\_\_  
Provider Printed Name/Stamp