

EMS PARENT NEWSLETTER

December 21, 2017

Ellington Middle School - 46 Middle Butcher Road - Ellington, CT 06029 - (860) 896-2339 [EMS Website](#)



Mark Your Calendar

December

- 22 Early Dismissal - Winter Recess
- 25-29 No School - Winter Recess

January

- 1 No School - Winter Recess
- 15 No School - Martin Luther King Day
- 18 Mid-Winter Festival of Arts 6:00 pm - Gymnasium
- 19 School Dance 7:00 pm - 9:30 pm - Gymnasium
- 22 The ZONE - Session 2 Begins
- 29 PTO Meeting - 7:00 pm Media Center
- 30 Acoustic Festival - 7:00 pm Cafeteria

Dodgeball Tournament Rescheduled

The Dodgeball Tournament has been rescheduled for Saturday, January 6th at Ellington High School. Teams should arrive at 6:30 pm. The tournament will begin at 7:00 pm.



Fill our Makerspace Instead of your Recycle Bin

Donate to the EMS Makerspace!



Do you have a hobby that was started but didn't quite catch on or you don't do anymore? Scrapbooking? Knitting? Sewing? LEGO? We'll take your unwanted supplies!

Here is a link to the full list of supplies we are hoping to collect. <https://goo.gl/6qtasP> If you have any of these items that you no longer need, please consider donating to the school. You can send donated items in with your child and please attach a note that says the items are for the Makerspace. If you have any questions, please contact [Lisa Polack](#). Thank you for your support!

Mid-Winter Festival of Arts

Come one! Come all!... to the Mid-Winter Festival of Arts on Thursday, January 18th, featuring the EMS grade 7 and 8 Choruses, EMS Vocal Ensemble and the EMS Visual Artists. The festivities begin at 6:00 pm with an Art Walk. At 6:45, there will be an induction ceremony of the EMS Chapter of the National Junior Art Honor Society. To make the evening complete, our Winter Chorus Concert will begin at 7:00 p.m. This is an evening of student creation that you will not want to miss!

Student Council News

Next Meeting: Wednesday, January 3rd 2:30 pm - 3:15 pm

Next Dance: Friday, January 19th 7:00 pm - 9:30 pm

- Ticket sales will be combined with the annual coat drive
- Dance will be a Snowball Bash. More details to come!

National Junior Art Honor Society

Dues for the EMS chapter of the National Junior Art Honor Society are due January 11th. If you do not have your dues in by January 11th, you will not be eligible for our induction ceremony on January 18th. Dues are \$5 and can be given to Rose Walder or Mrs. Griffin.



Girls Ice Hockey

Attention: All parents who have girls who play ice hockey!

New this year! A Girls High School Hockey Varsity Co-op Team has been formed for Suffield/Ellington/Enfield. Any middle school/high school girls who are currently playing ice hockey, please have your parent(s) email Tracy Lupone (team manager) at tracyandjoe@gmail.com. The Girls Varsity Team is gathering a list of names of FUTURE players. Please provide the following information in your e-mail: Player Name, Town, Current School, Current Grade, Hockey Position and Current Hockey Team. We are excited about this new sports opportunity!



Helping Children in Guatemala

In Spanish classes, we learned about life in Nicaragua and Guatemala, and how many children don't have access to education because they can't afford it. Students decided they wanted to make a difference to help children in Guatemala. For the past 15 years, we have worked with *Common Hope*, a midwest organization, which helps twelve extremely poor villages in Guatemala. The money raised in Spanish classes will go towards continuing to sponsor Jacqueline and Carlos. Our sponsorship would pay for Jacqueline and Carlos' schooling as well as doctor and dentist visits for their families.



Any additional money raised would also go towards helping children and families in need in Guatemala. In the past, our students have elected to provide access to fresh water for a section of the village, purchase a new roof for a family whose present roof is made of mud and sticks, provide birthday and holiday gifts for Jacqueline, Carlos and their families, a nutrition treatment for one malnourished child in the village and make five dental check-ups and four cancer screenings available to anyone in need of these services.

We will be raising money until Thursday, December 21st.

Again, thank you so much for all your support! Miss. Overton & Mr. Sparano

Box Tops for Education

A reminder that Ellington Middle School participates in the Box Tops for Education program. Send your box tops in with your child so that EMS can collect the money. This money funds programs that are important to our school, including the purchase of technology for students and teachers. The program runs all year long and we accept box tops from the partial list of products below. If you have any questions, please contact the school.

Nature Valley Cereals
Land O Lakes Dairy Products
Boise Polaris Printer Paper
Annie's Products (including organic)
Pillsbury Products
Lysol Disinfecting Wipes
AND MANY OTHER PRODUCTS



Clipart from

<https://goo.gl/fzmZxr>
<https://goo.gl/vGigsT>
<https://goo.gl/QlmRH1>
<https://goo.gl/QxuJMA>

<https://goo.gl/wyxmZY>
<https://goo.gl/htqTSY>
<https://goo.gl/NVY8SV>

MIDDLE SCHOOL Breakfast Menu

Menu Subject to
Change without
Notice

Regular Breakfast Price: \$2.25
Reduced Breakfast Price: \$0.30
Milk Price (ala-carte): \$0.60

Cook Manager: Chris Powers
cpowers@ellingtonschools.net

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Offered Every Monday</p> <p>Choice of:</p> <p>Assorted Breakfast Breads</p> <p>Cream Cheese Mini Bagels</p> <p>Assortment of Cereal</p> <p>Assortment of Muffins</p> <p>Students may choose up to two additional fruit and/or milk to accompany their breakfast</p> <p><i>Additional Choice of:</i> Fresh Seasonal Fruit Chilled Fruit Cup 100% Fruit Juice</p> <p><i>Along with Choice of:</i> 1%, Skim, and Fat Free Flavored Milk</p>	<p>Offered Every Tuesday:</p> <p>Choice of:</p> <p>Warm Pancakes or Waffles with Baked in Syrup</p> <p>Mini Cinnis Danish</p> <p>Breakfast Pizza</p> <p>Assortment of Cereal</p> <p>Assortment of Muffins</p> <p>Students may choose up to two additional fruit and/or milk to accompany their breakfast</p> <p><i>Additional Choice of:</i> Fresh Seasonal Fruit Chilled Fruit Cup 100% Fruit Juice</p> <p><i>Along with Choice of:</i> 1%, Skim, and Fat Free Flavored Milk</p>	<p>Offered Every Wednesday</p> <p>Choice of:</p> <p>Assorted Breakfast Breads</p> <p>Cream Cheese Mini Bagels</p> <p>Assortment of Cereal</p> <p>Assortment of Muffins</p> <p>Students may choose up to two additional fruit and/or milk to accompany their breakfast</p> <p><i>Additional Choice of:</i> Fresh Seasonal Fruit Chilled Fruit Cup 100% Fruit Juice</p> <p><i>Along with Choice of:</i> 1%, Skim, and Fat Free Flavored Milk</p>	<p>Offered Every Thursday</p> <p>Choice of:</p> <p>Warm Pancakes or Waffles with Baked in Syrup</p> <p>Mini Cinnis Danish</p> <p>Breakfast Pizza</p> <p>Assortment of Cereal</p> <p>Assortment of Muffins</p> <p>Students may choose up to two additional fruit and/or milk to accompany their breakfast</p> <p><i>Additional Choice of:</i> Fresh Seasonal Fruit Chilled Fruit Cup 100% Fruit Juice</p> <p><i>Along with Choice of:</i> 1%, Skim, and Fat Free Flavored Milk</p>	<p>Offered Every Friday</p> <p>Choice of:</p> <p>Assorted Breakfast Breads</p> <p>Cream Cheese Mini Bagels</p> <p>Assortment of Cereal</p> <p>Assortment of Muffins</p> <p>Students may choose up to two additional fruit and/or milk to accompany their breakfast</p> <p><i>Additional Choice of:</i> Fresh Seasonal Fruit Chilled Fruit Cup 100% Fruit Juice</p> <p><i>Along with Choice of:</i> 1%, Skim, and Fat Free Flavored Milk</p>

A LA CARTE pricing for Breakfast Menu:

Cereal Bowl	\$0.75	Warm Pancakes	\$1.50
Fruit Choice	\$0.75	100% Fruit Juice 4oz	\$0.50
Milk Choice	\$0.60	Warm Waffles	\$1.50
Breakfast Breads	\$1.50	Mini Cinni's Danish	\$1.50
Cream Cheese Bagels	\$1.50	Large Muffins	\$1.50

Did you know you can pay for your child's breakfast and/or lunch on a monthly basis? A amount will be deposited into your child's personal account.

Cash or checks made payable to "Ellington Food Services."

Students qualifying for free or reduced lunch receive free or reduced breakfast meals.

Middle School Lunch Menu

WWW.ELLINGTONPUBLICSCHOOLS.ORG

DAILY LUNCH PRICE: \$2.75
 MONTHLY LUNCH PRICE: \$55.00
 Milk Price: \$0.60



January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>PeppidAccounts</u></p> <p>When making a payment please include student's name and grade to assure accounts are updated properly.</p> <p>Checks should be made to: Elkington Food Services</p>	<p>2</p> <p>Choice of: Corn Dog Nuggets Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Oven Baked Sweet Potato Fries Steamed Green Beans Assorted Fruit Tray</p>	<p>3</p> <p>Choice of: Nacho Chip Lunch Chili/Nacho Cheese/Salsa/our Cream Chicken Nuggets/Pastel Red Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>4</p> <p>Choice of: Chicken & Gravy/Dinner Roll Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Mashed Potatoes Steamed Corn Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>5</p> <p>Choice of: Uno's Pizza Slice Buffalo Chicken, Pepperoni or Cheese Chicken Nuggets/Pastel Red Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>
<p>8</p> <p>Choice of: Chicken Quesadilla Salsa/our Cream Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>9</p> <p>Choice of: Egg, Sausage, Cheese on English Muffin Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Oven Baked Potato Puffs Chilled Vegetable Juice Assorted Fruit Tray</p>	<p>10</p> <p>Choice of: Baked Potato Bar Chili/Nacho Cheese/Salsa/our Cream Chicken Nuggets Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Donut Hole Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>11</p> <p>Choice of: Pasta w/ Meatballs & Sauce Garlic Toast Chicken Nuggets/Pastel Red Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>12</p> <p>Did you know you can view your child's account balance, set up recurring deposits and view what your child purchases on-line.</p> <p>Register at PayForIt.net</p> <p>NO SCHOOL <i>Teacher In-Service Day</i></p>
<p>15</p>	<p>16</p> <p>Choice of: Cheeseburger on a Bun Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Oven Baked French Fries Pickle Cup Steamed Green Beans Assorted Fruit Tray</p>	<p>17</p> <p>Choice of: Chicken Fry/Dinner Roll Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>18</p> <p>Choice of: Homemade Mac & Cheese Buffalo Chicken or Regular Chicken Nuggets Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Warm Biscuit Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>19</p> <p>Choice of: Pepperoni & Cheese Pizza Sticks Marinara Sauce Chicken Nuggets/Pastel Red Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>
<p>22</p> <p>Choice of: Toasted Cheese Sandwich Cold Cut Grinder w/chips Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Tomato Soup Steamed Mixed Vegetables Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>23</p> <p>Choice of: Buffalo Chicken Nuggets w/ dinner roll French Bread Pizza w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Baked Beans Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>24</p> <p>Choice of: Mozzarella Sticks Marinara Sauce Cold Cut Grinder w/chips Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Baked Beans Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>25</p> <p>Choice of: Pasta w/ Meatballs & Sauce Garlic Toast Cold Cut Grinder w/chips Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>26</p> <p>Choice of: Wild Mike's Pizza Slice w or w/o pepperoni Cold Cut Grinder w/chips Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Assorted Vegetable Tray Assorted Fruit Tray</p>
<p>29</p> <p>Choice of: Teriyaki Chicken Nuggets w/dinner roll Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Baked Beans Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>30</p> <p>Choice of: Hot Dog on a Bun Cold Chili and/or Cheese Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Oven Baked Potato Puffs Chilled Vegetable Juice Assorted Fruit Tray</p>	<p>31</p> <p>Choice of: Soft Chicken Tacos Cheese/Salsa/our Cream Cheese Pizza Slice w or w/o pepperoni Yogurt & Cheese Stick w/ Cereal Bowl or Muffin</p> <p>Baked Beans Assorted Vegetable Tray Assorted Fruit Tray</p>	<p>Milk Offered Everyday</p> <p>1%, Skim, and Fat Free Flavored</p> <p>Milk Subject to Change without Notice</p>	<p>Please contact Christine Powers at cpowers@elkingtonschools.net with questions and comments concerning school meals.</p>